

# Audio recordings for seven interviews: 2006 and 2014

**Existing recordings.** In 2006, while searching through old academic materials, I realized that I still had full or partial recorded interviews for eight individuals on audio cassette tapes. I do not recall why I retained these and not others. To my pleasant surprise after 30+ years, all of these recordings were in playable condition, some crystal clear and some far less so.

**WAV files to be played with Media Software.** I was still working at the Psychiatric Institute in 2006. With the encouragement and assistance of friends and workmates (especially Dr. Pedro Laureano), these interviews were digitalized and converted into WAV files. Then they were burned onto CD-Rs. We used **Audacity**'s software (free web download). We plugged one end of a simple male-male connection (about \$2US) into the cassette's headphone outlet and the other end into the computer's microphone connection on its sound card. After Audacity digitalized the voices, we simply burned CD-Rs on the computer.

**WAV files uploaded to SoundCloud in July 2014.** With the help of my website's technical adviser, these files were updated from my computer and linked to the website. You simply click on the link to hear the voice by any of these individuals.

**What to expect on clarity.** Four individuals' voices seem clearer than they did when played on the original cassettes! Those most clear were the interviews with: Rev. Letchford, Mr. Mutwale, Mr. Ngalande (two cassette recordings for the two different interviews), and Mr. Sayila. Less successful were some portions of the interviews for Mr. Mwondela and also Mr. Sameta that could **not** be converted at all because parts of the tapes were so stretched. While the ending of each side of the cassette with Mr. Yamba's voice was stretched, it can be understood. This is fortunate because Mr. Yamba's interview was one of the three not transcribed. **Confusing special note:** Three minutes into the second side of the recording for Mr. Mutwale, parts of the interview with Mr. S. Manuwele appears. Seemingly I had re-used the interview cassette for Mr. Manuwele.

Each side of a cassette became a separate WAV file. If the interview was transcribed, the transcript has been marked to show where each side begins and ends.

## The following recordings are (and included in the pdf folders):

- **Letchford, Peter: 21<sup>st</sup> November 1975:** Crystal clear
- **Mutwale, M.S.: 14<sup>th</sup> November 1978:** Crystal clear  
with parts of **Manuwele, S.: 11<sup>th</sup> June 1976:** Crystal clear (see interview notes)
- **Mwondela, John: 24<sup>th</sup> March 1979:** Only part of the interview because the cassette tape was badly stretched
- **Ngalande, Aaron: 14<sup>th</sup> November 1978 and 20<sup>th</sup> May 1979:** From two sets of cassettes with the first recorded on both sides and the second on one side, two CD-Rs with all three WAV were created in 2006. These have been files is crystal clear
- **Sameta, Silas: 4<sup>th</sup> August 1976:** Contains only part of the interview because the cassette tape was badly stretched
- **Sayila, Peter: 17<sup>th</sup> November 1976:** Crystal clear
- **Yamba, Luka: 8<sup>th</sup> July 1979:** Contains the full interview but the last part of each side of cassette was stretched; while voices can easily be understood, parts require concentration.